

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Club Hours Mon-Thurs 5:30a-9p Friday 5:30a-7p Saturday 8a-6p Sunday 12p-6p</p>	<p><u>Indoor Pool</u> <i>use by</i> <u>Adults only</u> <i>until</i> September 7th</p>	<p><u>Family Swim Time:</u> <u>Starts the 7th</u> Every Day! <u>Monday—Sunday</u> 3p-6p</p>	<p>1 Outdoor Pool 3p-8p 9am—Traci— <i>Buttz-N-Gutz</i> 10am— Traci <i>Ball Stretch</i> 11:15 Amy Water—<i>inside</i> 6:30pm - Zumba®</p>	<p>2 Outdoor Pool 3p-8p <i>No Classes</i></p>	<p>3 Outdoor Pool 3p-8p 9am –Amy <i>Water Aerobics</i> <u>Outside</u></p>	<p>4 <i>Outdoor Pool</i> <i>Open 10a-8p</i></p>
<p>5 <i>Outdoor Pool</i> <i>Open 12p-6p</i></p>	<p>6 Labor Day <u>Club Open 8a-8p</u> <i>No Classes</i> <u>Pool Open:</u> 10a-8p</p>	<p>7 Outdoor Pool Closed for Season 9am- Amy Cardio Weights 10am- Amy Water—<u>outside</u> 6:30-Amy Water—<i>inside</i> Family Swim Begins 3p-6p</p>	<p>8*Date Night 530p-730p 9am—Traci— <i>Buttz-N-Gutz</i> 10am— Traci <i>Ball Stretch</i> 11:15 Amy Water—<i>inside</i> 6:30pm - Zumba®</p>	<p>9 9am – Traci - CardioABS 10am—Traci—Body Sculpt 6:30p Traci—Water—<i>inside</i></p>	<p>10 9am –Amy <i>Water Aerobics –</i> <u>outside</u> 10am—Sammy <i>Water Babies</i> <u>3 for \$30</u></p>	<p>11 <i>Hiking Trail</i> <i>Grand Opening</i> <i>w/ Sammy</i> <i>10a & 3p</i></p>
<p><u>Kids Club Hours</u> <u>Mon-Thursday</u> 8:30-12p/4p-7:30p <u>Friday</u> 8:30-12p/4p-7p <u>Saturday</u> 8:30-12:30 <u>Sunday</u> 12p-3p</p>	<p>13 9am - Traci <i>Kick Boxing</i> 10am - Traci Chair <i>Aerobics</i> 6:00 p - Traci <i>Buttz-N-Gutz</i> Group Swim 530p & 6p</p>	<p>14 9am- Amy Cardio Weights 10am- Amy Water—<u>outside</u> 6:30-Amy Water—<i>inside</i></p>	<p>15 9am—Traci— <i>Buttz-N-Gutz</i> 10am— Traci <i>Ball Stretch</i> 11:15 Amy Water—<i>inside</i> 6:30pm - Zumba® Group Swim 530p & 6p</p>	<p>16 9am – Traci - CardioABS 10am—Traci—Body Sculpt 5:30p Traci– Cardio Sculpt 6:30p Traci—Water—<i>inside</i></p>	<p>17 9am –Amy <i>Water Aerobics –</i> <u>outside</u> 10am—Sammy <i>Water Babies</i></p>	<p>18 <u>Kids Club</u> <u>Treasure Hunt</u> <u>Picnic 10a-12p</u> 9a– Traci <i>Cardio Abs</i></p>
	<p>20 9am - Traci <i>Kick Boxing</i> 10am - Traci <i>Chair Aerobics</i> 6:00 p - Traci <i>Buttz-N-Gutz</i> Group Swim 530p & 6p</p>	<p>21 9am- Amy Cardio Weights 10am- Amy Water—<u>outside</u> 6:30-Amy Water—<i>inside</i></p>	<p>22 9am—Traci— <i>Buttz-N-Gutz</i> 10am— Traci <i>Ball Stretch</i> 11:15 Amy Water—<i>inside</i> 6:30pm - Zumba® Group Swim 530p & 6p</p>	<p>23 <u>Member Social w/ Susan!</u> <i>5p-7p on the patio</i> 9am – Traci - CardioABS 10am—Traci—Body Sculpt 6:30p Traci—Water—<i>inside</i></p>	<p>24 9am –Amy <i>Water Aerobics –</i> <u>outside</u> 10am—Sammy <i>Water Babies</i></p>	<p>25 <i>Hiking Trail</i> <i>w/ Sammy</i> <i>10a & 3p</i></p>
	<p>27 9am - Traci <i>Kick Boxing</i> 10am - Traci <i>Chair Aerobics</i> 6:00 p - Traci <i>Buttz-N-Gutz</i> Group Swim 530p & 6p</p>	<p>28 9am- Amy Cardio Weights 10am- Amy Water—<u>outside</u> 6:30-Amy Water—<i>inside</i></p>	<p>29 9am—Traci— <i>Buttz-N-Gutz</i> 10am— Traci <i>Ball Stretch</i> 11:15 Amy Water—<i>inside</i> 6:30pm - Zumba® Group Swim 530p & 6p</p>	<p>30 9am – Traci - CardioABS 10am—Traci—Body Sculpt 5:30p Traci– Cardio Sculpt 6:30p Traci—Water—<i>inside</i></p>		