

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Club Hours Mon-Thurs 5:30a-9p Friday 5:30a-7p Saturday 8a-6p Sunday 12p-6p</p>	<p><u>Indoor Pool</u> use by <u>Adults only</u> until September 7th</p>	<p><u>Family Swim Time:</u> <u>Starts the 7th</u> Every Day! <u>Monday—Sunday</u> 3p-6p</p>	<p>1 Outdoor Pool 3p-8p 9am—Traci— Buttz-N-Gutz 10am— Traci Ball Stretch 11:15 Amy Water-<u>inside</u> 6:30pm - Zumba®</p>	<p>2 Outdoor Pool 3p-8p No Classes</p>	<p>3 Outdoor Pool 3p-8p 9am –Amy Water Aerobics <u>Outside</u></p>	<p>4 Outdoor Pool Open 10a-8p</p>
<p>5 Outdoor Pool Open 12p-6p</p>	<p>6 Labor Day Club Open 8a-8p No Classes <u>Pool Open:</u> 10a-8p</p>	<p>7 Outdoor Pool Closed for Season 9am- Amy Cardio Weights 10am- Amy Water—<u>outside</u> 6:30-Amy Water-<u>inside</u> Family Swim Begins 3p-6p</p>	<p>8*Date Night 530p-730p 9am—Traci— Buttz-N-Gutz 10am— Traci Ball Stretch 11:15 Amy Water-<u>inside</u> 6:30pm - Zumba®</p>	<p>9 9am – Traci - CardioABS 10am—Traci-Body Sculpt 6:30p Traci—Water-<u>inside</u></p>	<p>10 9am –Amy Water Aerobics – <u>outside</u> 10am—Sammy Water Babies 3 for \$30</p>	<p>11 Hiking Trail Grand Opening w/ Sammy 10a & 3p</p>
<p><u>Kids Club Hours</u> Mon-Thursday 8:30-12p/4p-7:30p Friday 8:30-12p/4p-7p Saturday 8:30-12:30 Sunday 12p-3p</p>	<p>13 9am - Traci Kick Boxing 10am - Traci Chair Aerobics 6:00 p - Traci Buttz-N-Gutz Group Swim 530p & 6p</p>	<p>14 9am- Amy Cardio Weights 10am- Amy Water—<u>outside</u> 6:30-Amy Water-<u>inside</u></p>	<p>15 9am—Traci— Buttz-N-Gutz 10am— Traci Ball Stretch 11:15 Amy Water-<u>inside</u> 6:30pm - Zumba® Group Swim 530p & 6p</p>	<p>16 9am – Traci - CardioABS 10am—Traci—Body Sculpt 5:30p Traci– Cardio Sculpt 6:30p Traci—Water-<u>inside</u></p>	<p>17 9am –Amy Water Aerobics – <u>outside</u> 10am—Sammy Water Babies</p>	<p>18 <u>Kids Club</u> <u>Treasure Hunt</u> <u>Picnic 10a-12p</u> 9a– Traci Cardio Abs</p>
	<p>20 9am - Traci Kick Boxing 10am - Traci Chair Aerobics 6:00 p - Traci Buttz-N-Gutz Group Swim 530p & 6p</p>	<p>21 9am- Amy Cardio Weights 10am- Amy Water—<u>outside</u> 6:30-Amy Water-<u>inside</u></p>	<p>22 9am—Traci— Buttz-N-Gutz 10am— Traci Ball Stretch 11:15 Amy Water-<u>inside</u> 6:30pm - Zumba® Group Swim 530p & 6p</p>	<p>23 <u>Member Social w/ Susan!</u> 5p-7p on the patio 9am – Traci - CardioABS 10am—Traci—Body Sculpt 6:30p Traci—Water-<u>inside</u></p>	<p>24 9am –Amy Water Aerobics – <u>outside</u> 10am—Sammy Water Babies</p>	<p>25 Hiking Trail w/ Sammy 10a & 3p</p>
	<p>27 9am - Traci Kick Boxing 10am - Traci Chair Aerobics 6:00 p - Traci Buttz-N-Gutz Group Swim 530p & 6p</p>	<p>28 9am- Amy Cardio Weights 10am- Amy Water—<u>outside</u> 6:30-Amy Water-<u>inside</u></p>	<p>29 9am—Traci— Buttz-N-Gutz 10am— Traci Ball Stretch 11:15 Amy Water-<u>inside</u> 6:30pm - Zumba® Group Swim 530p & 6p</p>	<p>30 9am – Traci - CardioABS 10am—Traci—Body Sculpt 5:30p Traci– Cardio Sculpt 6:30p Traci—Water-<u>inside</u></p>		