

Healthy Performance Shakes

Banana Nut Blast 5.00

One big Banana blended with Natural Nutty Peanut Butter, Skim Milk and 40g Vanilla Whey Protein Isolate.

Java Jolt 5.00

Want more than just a cup of Java? Dark roast Colombian Coffee complimented with just a hint of rich Ghirardelli Chocolate and Vanilla Whey Protein Isolate.

Peanut Butter Cup 5.00

Rich Ghirardelli Chocolate and Natural Nutty Peanut Butter blended with 40g of Chocolate Whey Protein Isolate and Organic Chocolate Soy Milk.

Recovery Shakes

Hawaiian Harvest 4.00

A taste of the Islands. Mouth watering Hawaiian Pineapple, ripe Banana and fresh fallen Coconut.

Berries A'Moré 4.00

Antioxidant-rich Raspberries, Strawberries, Blueberries and Blackberries complemented with Potassium-rich Banana.

Add - Ins

Protein 1.00

20g of pure Whey Protein Isolate - available in Vanilla or Chocolate. Essential Amino Acids to rebuild a better body.



FLOWERS PLANTATION